


River Falls Nutrition Program April 2019 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

*****Due to circumstances beyond our control, menu changes may occur from time to time*****

Monday	Tuesday	Wednesday	Thursday	Friday
1 Smothered Chicken Baked Potato Island Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	2 Pineapple Ham Sweet Potatoes Peas Chef's Choice Fruit Dinner Roll Dessert	3 Pot Roast Mashed Potatoes w/ gravy Squash Chef's Choice Fruit Dinner Roll Dessert	4 Chicken a la King California Blend Veggies Chef's Choice Fruit Biscuit Dessert	5 Lemon Baked Cod Baked Potato Winter Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
8 Beef Chow Mein Cass. Stir Fry Veggies Egg Roll Chef's Choice Fruit Dessert	9 Chicken Cordon Bleu Au Gratin Potatoes 5 Way Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	10 Oven Roasted Turkey Mashed Potatoes w/ gravy Green Bean Casserole Chef's Choice Fruit Dinner Roll Dessert	11 Lasagna Roll Ups Squash Chef's Choice Fruit Garlic Bread Dessert	123 Potato Crunch Pollock Au Gratin Potatoes Island Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert
15 Bacon Wrapped Pork Chop Baked Potato Carrots Garlic Biscuit Chef's Choice Fruit Dessert	16 Beef Stroganoff Buttered Noodles California Blend Veggies Chef's Choice Fruit Bread Slice Dessert	17 Seasoned Chicken Mashed Potatoes w/ gravy Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	18 Ham Loaf Wild Rice Country Blend Veggies Chef's Choice Fruit Bread Slice Dessert	19 Crispy Fish Baked Potato Country Blend Chef's Choice Fruit Dinner Roll Dessert
22 Tater Tot Casserole 5 Way Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert	23 Chicken Parmesan Buttered Noodles Country Blend Veggies Chef's Choice Fruit Bread Stick Dessert	24 Home Style Meatloaf Mashed Potatoes w/ gravy Asparagus Chef's Dessert Dinner Roll Dessert	25 Sausage Spinach Quiche French Toast Sticks Bacon Fried Potatoes Dessert	26 Crunchy Potato Pollock Baked Potato Carrots Chef's Choice Fruit Dinner Roll Dessert
29 French Onion Chicken Au Gratin Potatoes Chef's Choice Fruit Garlic Biscuit Dessert	30 Chipped Beef on toast Mashed Potatoes Country Blend Veggies Chef's Choice Fruit Dessert			<p style="text-align: center;">Suggested Donation for: Congregate Dining: <u>\$5.00 per meal</u> Home-delivered Meals: <u>\$6.50 per meal</u> Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>